



Post Graduate Diploma in

# PSYCH $\Psi$ ONCOLOGY



TEXAS SCHOOL OF  
MENTAL HEALTH



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Post Graduate Diploma in  
**PSYCHO  
ONCOLOGY**



Cancer is more than a battle of the body, it is a journey through the mind and heart. The World Health Organization reveals that cancer stands as the second leading cause of death worldwide, touching over 20 million lives each year. Yet, within this struggle lies an often unseen fight, the emotional, psychological, and social challenges that accompany the diagnosis. Psycho-oncology emerges as a beacon of hope, blending science and compassion to heal not just the body, but the spirit. While oncologists are working towards enhancing the Quantity of Life, the Psycho-oncologist works upon the Quality of Life.

## **MODULES**



### **Bridge Course**

Designed to equip non-psychology students with foundational skills in counseling. Covers active listening, empathy, and core therapeutic techniques essential for psycho-oncology care.

**01**



### **Anatomy Module**

A deep dive into human anatomy and the biological processes relevant to oncology, enabling learners to understand the medical aspects of cancer treatment.

**02**



### **Oncology Module**

Comprehensive understanding of cancer types, stages, treatments, and side effects. Prepares learners to integrate psychological care with medical oncology.

**03**



### **Psycho-Oncology Module**

Focuses on psychological interventions and emotional coping strategies tailored to cancer care. It addresses the unique psychological needs across different phases of the cancer journey.

**04**



### **Health & Positive Psychology Module**

Learn the application of health and positive psychology in improving the quality of life for cancer patients and caregivers.

**05**



### **Stand Alone Modules**

Psychiatry Module  
Addiction & Cancer Module  
Female-Specific Cancers  
Caregiver Module  
Pediatric Cancer Module  
Geriatric Oncology  
Research Module

**06**

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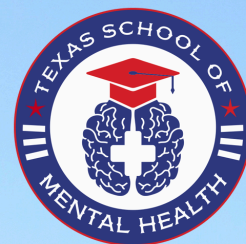
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The PGD in Psycho-Oncology, proudly accredited by the global Continuing Professional Development (CPD), is thoughtfully designed for Mental Health Professionals, Healthcare Providers, Social Workers, and passionate graduates. This transformative program empowers those who aspire to touch hearts and uplift lives, bringing hope, healing, and a renewed quality of life to cancer patients, their families, caregivers, social workers, healthcare professionals and communities worldwide.

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**CPD Accredited**  
CPD Credits: 530

## METHODOLOGY



### Blended Mode

Pre-recorded and live session

230 Hours



### Case Studies

Real time case studies of cancer stakeholders



### Live Sessions

Live and interactive sessions from the subject expert

26 Hours



### Expert Faculties

Taught by over 35 expert faculty members.



### Residential Program

40 hours immersive and experiential learning



### Internship

100 hours guided internship with hands on learning



### Assessment Methodology

A mixed-method assessment approach  
Objective-Subjective assessment, Viva



### Learning Technology

Customised learning management system  
User Friendly

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## About Us

Texas School of Mental Health (TSMH), formed in 2019 in the United States, has a visionary commitment to 'working towards Mental Fitness'. The TSMH offers a range of services, including a finishing school with issue-based professional mental health training programs on oncology, menopause, obesity, pregnancy and screen obsession, a dedicated center for mental fitness, and a focus on research and the innovative use of technology. Committed to excellence and compassionate care, TSMH has expanded its operation from US to UAE, Netherlands and India. Our mission is to empower professionals who will transform lives and promote lasting mental fitness worldwide.



*Working towards mental fitness*

## Our Psycho-Oncology Initiatives



### Psycho-Oncology First Aid (POFA)

Psycho-Oncology First Aid (POFA) is an innovative training and awareness program designed to equip all stakeholders in cancer care with essential knowledge and skills to address the complex mental health challenges associated with cancer. POFA raises awareness about the psychological, emotional, and social issues faced by cancer patients, their families, and caregivers, fostering early identification and timely intervention by empowering healthcare professionals, volunteers, caregivers, and community organizations.



### C Positive

The word "cancer" is often synonymous with despair and death. To transform this narrative, the TSMH launched the inspiring C Positive Campaign, centred around the uplifting message: "Let's be C Positive", with the aim of fostering hope, resilience, and a positive outlook for those affected by cancer. As a part of this campaign, TSMH also established the C Positive Awards to honour and celebrate the extraordinary individuals and organisations making a profound impact in cancer care, shining a light on their dedication and contribution to improving lives.



### Center for Psycho-Oncology

In 2023, the TSMH established the world's first independent Centre for Psycho-Oncology, dedicated to providing compassionate counseling support to cancer patients, their families, and caregivers. Since its inception, the center has profoundly impacted the lives of over a thousand individuals, offering holistic care that addresses the emotional and psychological challenges of the cancer journey and fostering resilience and hope throughout the community it serves.

### OUR ASSOCIATES & CLIENTS

